

# Egg Heads

Grades: pre-K—6

## Instructions

- 1: (Adult) Carefully crack two egg way up at the top. Or tap a small hole in the top of an egg and peel off pieces of shell. Use the eggs to cook something tasty! Rinse your egg shells out.
- 2: Carefully stick your googly eyes on the eggs and draw a face with markers
- 3: Wet your cotton balls and put 3 in each egg.
- 4: Put half of your wheat seeds in one egg and half in the other.
- 5: You can decorate your cardboard tube to look like clothes
- 6: Put your egg head in a place where it gets some light, and don't forget to give it a little water every day.

## Ideas for extension

Consider keeping an observation journal of what's going on with your plants every day.

You might have some other seeds you can sprout in your pantry at home. Maybe you have lentils, mung beans, flax, or chia seeds? Do a little research; not all sprouts are edible.

Once it's a little bit longer, you can cut and style your egg head's hair!



## Materials

Wheat Grass Seeds

Googly Eyes

Cotton Balls

Cardboard Tubes

Egg Shells (2)

Water

Markers\* - optional

\*Not included.

